

Care after Endodontic Surgery:

1. Apply an ice pack to your face next to the surgery area, on for 20 minutes and off for 20 minutes for the next 5 to 6 hours to help decrease post-operative swelling. Some swelling is normal and is usually greatest the day after surgery and may reach its maximum up to 2 to 3 days after surgery.
2. Take all medications as directed. Approximately 45 minutes should be allowed for you to feel the effect of pain medications.
3. Clean your mouth as usual (brushing, flossing, etc.) in all areas except the surgical site. Modify cleaning procedures of the teeth in the area of the surgical site to avoid disturbing the area. Do not rinse vigorously during the first 24 hours following surgery. Continue using the prescribed mouth rinse twice a day until after you return to have the stitches removed.
4. Minor oozing of blood from the surgical site may occur in the first 24 hours after surgery. This will produce a pink tinge in the saliva and is not a cause for concern. However, if bleeding is excessive, please contact our office. You may apply pressure to the area with a tea bag or moist cotton gauze.
5. Stitches have been placed and will need to be removed at your next appointment. Please do no lift or pull on your lip to examine the surgical site during the first 2 to 3 days as this may disturb the healing process.
6. A soft diet is recommended for the first 2 to 3 days. Try to avoid foods that are hot, spicy, or hard to chew. It is very important that you drink plenty of fluids (non-alcoholic). This will help your mouth heal.
7. Avoid cigarettes and all other tobacco products.
8. A slight increase in body temperature may occur during the first 24 hours following surgery. This is normal. Infection after endodontic surgery is not typical but can occur. If an infection develops, it usually occurs 2 to 3 days after the surgery. Signs of an infection include: sudden increase in pain or swelling, feverish feeling, sore glands in the neck area, and general flu-like feeling. If you think an infection has developed, please contact the office immediately at 847-433-5155.
9. Special instructions:
